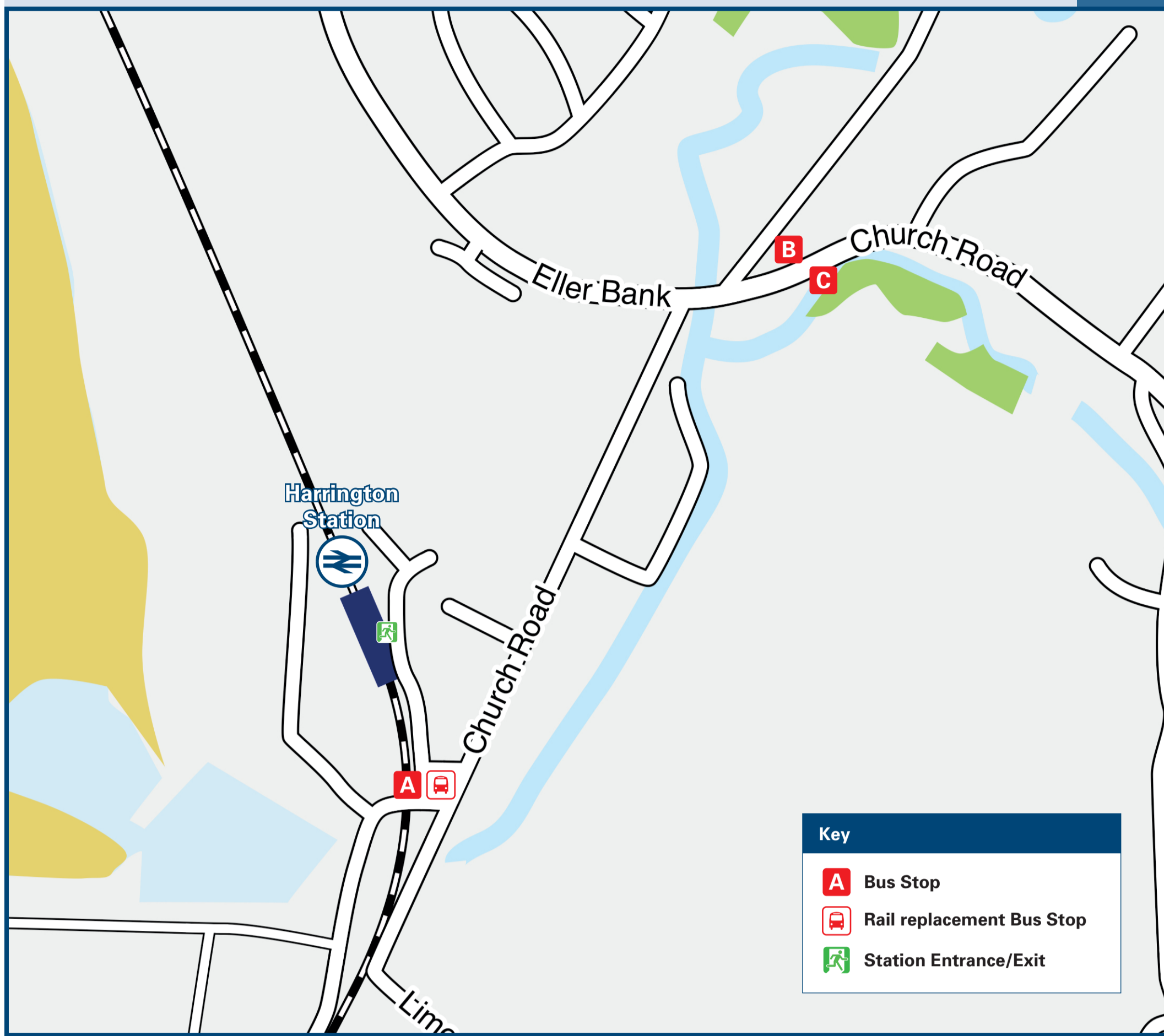




# Harrington Station

# Onward Travel Information

## Buses

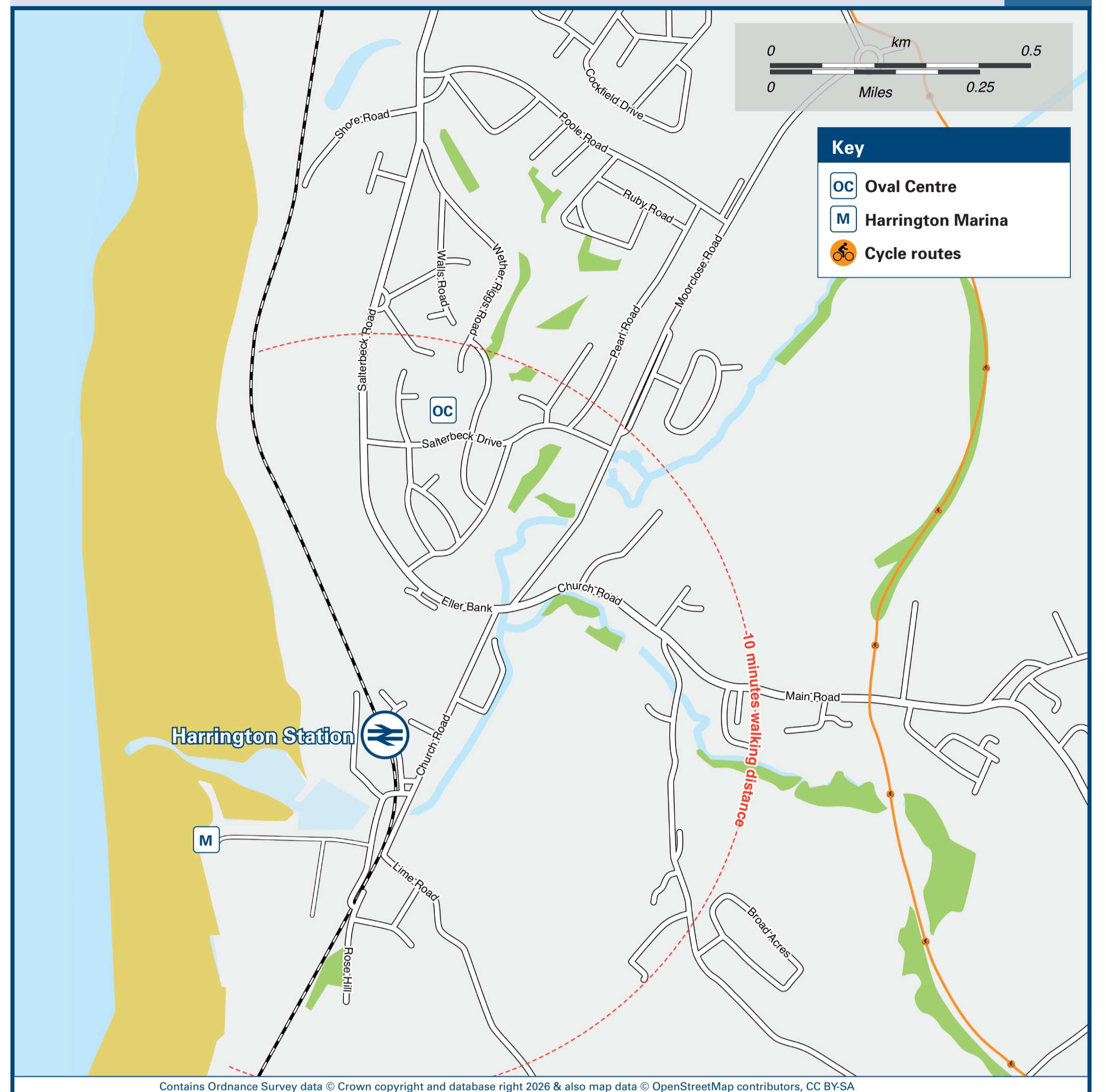


**Key**

- A** Bus Stop
- B** Rail replacement Bus Stop
- C** Station Entrance/Exit

Rail replacement buses will depart from the Pick Up / Drop Off at the bottom of Grecian Terrace, by Church Road.

## Local area map



**Key**

- OC** Oval Centre
- M** Harrington Marina
- Cycle routes

## Main destinations by bus

(Data correct at February 2026)



DESTINATION	BUS ROUTES	BUS STOP	DESTINATION	BUS ROUTES	BUS STOP	DESTINATION	BUS ROUTES	BUS STOP
Distington	30	<b>B</b>	North Side (Workington - on A596)	30	<b>C</b>	Whitehaven	30	<b>B</b>
High Harrington	30	<b>B</b>	Parton (On A595)	30	<b>B</b>	Workington	52	<b>A</b>
Moorclose	52	<b>A</b>	Salterbeck	52	<b>A</b>		30	<b>C</b>
Moss Bay	52	<b>A</b>	Seaton	52	<b>A</b>			
	30	<b>C</b>	Westfield	52	<b>A</b>			

**Notes**

Service 30 & 52 operate daily services.  
For bus times and days of operation please contact TraveLine on [www.traveLine.info](http://www.traveLine.info) or call: 0871 200 22 33

Direct trains operate to this destination from this station.

<b>Taxis</b>	Harrington station has no taxi rank or cab office. Advance booking is essential, please consider using the following local operators: (Inclusion of this number doesn't represent any endorsement of the taxi firm)	<b>Sparkys Taxi</b> 01900 601 999	<b>Sue's Taxis</b> 01900 607 005	<b>Carl's Taxis</b> 07795 741 475

**Further information about all onward travel**

<b>Local Cycle Info</b> <a href="http://sustrans.org.uk">sustrans.org.uk</a> <small>For more information about cycle routes.</small>	<b>National Cycle Info</b> <a href="http://walkwheelcycletrust.org.uk">walkwheelcycletrust.org.uk</a>	<b>Bus Times</b> <small>See timetable displays at bus stops.</small>  <a href="http://www.traveLine.info">www.traveLine.info</a> 0871 200 22 33 <small>calls cost 13p per minute plus your phone company's access charge</small>	<b>PlusBus</b>  <a href="http://plusbus.info">plusbus.info</a> <small>PlusBus is a discount price 'bus pass' that you buy with your train ticket. It gives you unlimited bus travel around your chosen town, on participating buses. Visit <a href="http://www.plusbus.info">www.plusbus.info</a></small>	
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**National Rail Enquiries**

<b>Online</b> <a href="http://nationalrail.co.uk">nationalrail.co.uk</a>	<b>NRE App</b> Free National Rail Enquiries app for iOS and Android	<b>Social Media</b> <a href="https://facebook.com/nationalrailenq">facebook.com/nationalrailenq</a> <a href="https://twitter.com/nationalrailenq">@nationalrailenq</a>	<b>Alert Me</b> You can sign up to Alert Me messages on the National Rail Enquiries website where you can receive train and platform notifications directly to your smart phone. <a href="http://nationalrail.co.uk/alertme">nationalrail.co.uk/alertme</a>	<b>Contact Centre</b> 03457 48 49 50 <small>Calls cost no more than calls to geographic numbers (01 or 02) and may be recorded.</small>	<b>PlusBike</b>  <a href="http://nationalrail.co.uk/plusbike">nationalrail.co.uk/plusbike</a> <small>For more information.</small>
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This poster shows details of popular destinations and main, frequent bus routes. Additional services may run, so please check with TraveLine or see posters at local bus stops. Whilst considerable care has been taken to ensure the information contained on this poster is correct and accurate, National Rail cannot accept responsibility for any loss or inconvenience caused by any errors or omissions, or for loss, damage, injury or inconvenience relating to the cancellation, alteration, delay or diversion of a service. For any feedback, please e-mail [comments@onwardtravelposters.com](mailto:comments@onwardtravelposters.com)

Scan this code with your mobile for full station information.