





In the event of engineering work, the bus or coach will collect from (towards Newcastle) Interchange stop B and from (towards Sunderland) Interchange stop D

## Main destinations by bus (Data correct at December 2023)

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ore information about cycle routes.	Sustrans is the	UK's leading sustainable tran	sport charity. For all public t Alternatively c	ransport information in Tyne and Wear. call 0191 20 20 747	Search for a bus stop name & town.	Y	A discount price 'bus pass' that you bu you unlimited bus travel around your c ouses.	
eshead.gov.uk sustrans.org.uk		nexus	org.uk			plusbus.info		
al Cycle Info	Nation	al Cycle Info	BusTi	mes	NextBuses	mobi	PlusBus	Plus
ther information a	oout all onwa	rd travel						
Heworth station is served by a taxi rank or a cab office. C before travelling, and pre-book if necessary. Please cons following local operators: (Inclusion of this number does endorsement of the taxi firm)		sider using the	Dean Taxis Lto 0191 444 4444		0		ateshead Central 191 469 9999	
Glebe	4	E	South Shields METRO	Metro Train (Yellow) 27	Platform 1 C			
Gateshead Stadium METRO	Yellow) 94	Platform 2 B	South Gosforth METRO South Hylton METRO	Yellow) Metro Train (Green)	Platform 2 Platform 1	METRO Direct Tyne & Wear Metro station.		on from this
Gateshead College (Team Valley Campus)	93 Metro Train (Green &	B	Simonside METRO	Metro Train (Yellow)	Platform 1	For bus times please see bus stop Direct trains operate to this des		i fraveline.
Gateshead College (Baltic Campus)	94	B	Shiney Row Shiremoor METRO	4 Metro Train (Yellow)	E Platform 2	services.	timotoblog or contact N	r Trovolina
	52, 94 51, 57, 58	B	Seaburn METRO	558		Bus routes 515, 558, and 568 oper		y. No Sunday
Gateshead (Interchange) METRO	Yellow) 27, X10	Platform 2	Regent Centre METRO	Metro Train (Green) Metro Train (Green)	Platform 2 Platform 1	Bus routes 4, 27, 51, 52, 57, 58, 93, operate daily, Mondays to Sunda	•	tro Trains
Four Lane Ends METRO	Metro Train (Yellow) Metro Train (Green &	Platform 2	Queen Elizabeth Hospit	tal 57 93, 515	A	Notes		
Follingsby Park	4, 58	3	Peterlee (Town Centre, Station)	X 10	D	Notes		
Fence Houses	52, 93, 94, 515 4	B		515, 568	C			
Felling METRO	27 58	A	Pelaw METRO	Metro Train (Green & Yellow)	Platform 1			
	Metro Irain (Green & Yellow)	Platform 2	Palmersville METRO Park Lane METRO	Metro Train (Yellow) Metro Train (Green)	Platform 2 Platform 1			
Fellgate METRO	558 Metro Train (Green &	D	Pallion METRO	Metro Train (Green)	Platform 1			
Fawdon METRO	Metro Train (Green) Metro Train (Green)	Platform 2 Platform 1	Northumberland Park N Norton		Platform <b>2</b>			
Fatfield (Washington)	4		North Shields METRO	57, 58 Metro Train (Yellow)	A Platform 2			
East Boldon METRO	Metro Train (Green) 558	Platform 1	Newcastle upon Tyne (C 😂 METRO	27, X10	6	Wrekenton	51	A
Dene Estate	52 558	B		Metro Train (Green &	Platform 2	Windy Nook	58 93, 515	A
Deckham	58	A	Nonument METRO Newcastle Airport MET	Yellow) RO Metro Train (Green)	Platform 2	Whitehills Whitley Bay METRO	57, 58 Metro Train (Yellow)	A Platform 2
Cullercoats METRO Dalton Park	Metro Train (Yellow) X10	Platform 2	Monkton Lane Estate Monument METRO	27 Metro Train (Green &	C Platform 2	Whitburn	558	D
Concord (Washington)	4		<b>Monkseaton METRO</b>	Metro Train (Yellow)	Platform 2	West Monkseaton METRO Westoe Village	Metro Train (Yellow) 27	Platform 2 C
Chichester METRO	Metro Train (Yellow) 27	Platform 1	Middlesbrough ᢒ Millfield METRO	X10 Metro Train (Green)	D Platform 1	West Jesmond METRO	Metro Train (Green & Yellow)	Platform 2
Callerton Parkway METRO	4 Metro Train (Green)	Platform 2	Longbenton METRO	93		Washington	4 Notre Trein (Orean D	6
Brockley Whins METRO Bournmoor Housing Estate	Metro Train (Green) 4	Platform 1	Leam Lane Longbenton METRO	51, 57, 58 Metro Train (Yellow)	A Platform 2	Wardley	57 558	D
Bill Quay Boldon	27, 515, 568 558		Kingston Park METRO	Yellow) Metro Train (Green)	Platform 2	Wansbeck Road METRO	Metro Train (Green)	Platform 2
Billingham (Town Centre)	X10	D	Jesmond METRO	27 Metro Train (Green &	Platform 2	Tynemouth METRO University of Sunderland METRO	Metro Train (Yellow) D Metro Train (Green)	Platform 2 Platform 1
Bensham Benton METRO	93 Metro Train (Yellow)	B Platform 2	Jarrow METRO	Metro Train (Yellow)	Platform 1	Tyne Dock METRO	Metro Train (Yellow) 27	Platform 1
Bede Burn METRO	27	C	Ilford Road METRO	Metro Train (Green & Yellow)	Platform 2	Team Valley	93 Metro Train (Vellow)	B Distforms 1
-	93 Metro Train (Yellow)	B Platform 1	Heaworth Houghton-le-Spring	4	8	Sunderland Stadium of Light METRO	Metro Train (Green)	Platform 1
Beacon Lough	51, 57	A	METRO Hedworth	27, 515, 568 558	C	Sunderland 😂 METRO	Metro Train (Green)	Platform 1
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Albany Way Bank Foot METRO	4 Metro Train (Green)	E Platform 2	Hebburn (For Hebburn (	Yellow) College) Metro Train (Yellow)	Platform 1	Stockton St Peter's METRO	X 10 Metro Train (Green)	D Platform 1

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e information about cycle routes. Sustrans is the UK's leading sustainable tr		· · · · · · · · · · · · · · · · · · ·	sport charity. For all public tra	Insport information in Tyne and Wear.		by entering a postcode, street & town or a stop	A discount price 'bus pass' that you bu	nt price 'bus pass' that you buy with your train ticket. nited bus travel around your chosen town, on partici	
al Cycle InfoNational Cycle Infoeshead.gov.uksustrans.org.uk		nexus.			us times for your stop.	plusbus.info			
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ther information at	oout all onwa	d travel							
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Glebe	4	E	South Shields METRO	Metro Train (Yellow) 27	Platform 1				
Gateshead Stadium METRO	Yellow) 94	Platform 2 B	South Goslorth METRO	Yellow) Metro Train (Green)	Platform 🚺	METRO Direct Tyne & Wear Metr station.	ro trains operate to this destinat	ion from this	
Campus)	93 Metro Train (Green &	B	Simonside METRO South Gosforth METRO	Metro Train (Yellow) Metro Train (Green &	Platform 1 Platform 2	<ul> <li>Direct trains operate to this de</li> </ul>			
Gateshead College (Baltic Campus) Gateshead College (Team Valley	94	B	Shiremoor METRO	Metro Train (Yellow)	Platform 2	services. For bus times please see bus sto	op timetables or contact Nexus o	or Traveline.	
	52, 94 51, 57, 58	B	Seaburn METRO Shiney Row	558 4	D	Bus routes 515, 558, and 568 ope		y. No Sunday	
Gateshead (Interchange) METRO	Yellow) 27, X10	E	Regent Centre METRO	Metro Train (Green) Metro Train (Green)	Platform 2 Platform 1	Bus routes 4, 27, 51, 52, 57, 58, 93 operate daily, Mondays to Sunda	-	etro Trains	
Four Lane Ends METRO	Metro Train (Yellow) Metro Train (Green &	Platform 2 Platform 2	Queen Elizabeth Hospita	I 57 93, 515	B	THORES			
Follingsby Park	4, 58	•	Station)	X10		Notes			
Fence Houses	52, 93, 94, 515 4	B	Peterlee (Town Centre, B	515, 568	C				
Felling METRO	58	A	Pelaw METRO	Metro Train (Green & Yellow)	Platform 1				
	Yellow) 27	Platform 2	Palmersville METRO Park Lane METRO	Metro Train (Yellow) Metro Train (Green)	Platform 2 Platform 1				
Fellgate METRO	558 Metro Train (Green &		Pallion METRO	Metro Train (Green)	Platform 1				
Fawdon METRO	Metro Train (Green) Metro Train (Green)	Platform 2 Platform 1	Northumberland Park M Norton	ETRO Metro Train (Yellow) X10	Platform 2				
Fatfield (Washington)	4		North Shields METRO	57, 58 Metro Train (Yellow)	Platform 2				
East Boldon METRO	Metro Train (Green) 558	Platform 🚺 D	<ul> <li>Mewcastie upon Tyne (Cl</li> <li>METRO</li> </ul>	27, X10	E	Wrekenton	51	A	
Dene Estate	52		Newcastle upon Tyne (Ci	Metro Train (Green &	Platform 2	Windy Nook	58 93, 515	A	
Deckham	58	A	Newcastle Airport METR	Yellow) O Metro Train (Green)	Platform 2	Whitenills Whitley Bay METRO	57, 58 Metro Train (Yellow)	Platform 2	
Cullercoats METRO Dalton Park	Metro Train (Yellow) X10	Platform 2	Monkton Lane Estate Monument METRO	27 Metro Train (Green &	C Platform 2	Whitburn Whitehills	558 57, 58	D	
Concord (Washington)	4	E Diatés ma	Monkseaton METRO	Metro Train (Yellow)	Platform 2	West Monkseaton METRO Westoe Village	Metro Train (Yellow) 27	Platform 2 C	
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Callerton Parkway METRO	Metro Train (Green)	Platform 2	Low Fell	93	B	Washington	4 Metro Train (Green &	8	
Brockley Whins METRO Bournmoor Housing Estate	Metro Train (Green) 4	Platform 1	Leam Lane Longbenton METRO	51, 57, 58 Metro Train (Yellow)	A Platform 2	Wardley	57 558	D	
Boldon	558	D	Kingston Park METRO	Yellow) Metro Train (Green)	Platform 2	Wansbeck Road METRO	Metro Train (Green)	Platform 2	
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Bede Burn METRO	27	C	Ilford Road METRO	Metro Train (Green & Yellow)	Platform 2	Team Valley	93 Metro Train (Yellow)	B Platform 1	
-	93 Metro Train (Yellow)	B Platform	Houghton-le-Spring	4	8	Sunderland Stadium of Light METRO	Metro Train (Green)	Platform 1	
Beacon Lough	51, 57	A	METRO Hedworth	27, 515, 568 558	C	Sunderland 💿 METRO	Metro Train (Green)	Platform 1	
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Westoe Village 27 🖸	
Whitburn 558 D	
Whitehills 57, 58 🗛	
Whitley Bay METROMetro Train (Yellow)Platform	2
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