





In the event of engineering work, the bus or coach will collect from (towards Newcastle) Interchange stop B and from (towards Sunderland) Interchange stop D

Main destinations by bus (Data correct at December 2023)

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ore information about cycle routes.	Sustrans is the	UK's leading sustainable tran	sport charity. For all public t Alternatively c	ransport information in Tyne and Wear. call 0191 20 20 747	Search for a bus stop name & town.	Y	A discount price 'bus pass' that you bu you unlimited bus travel around your c ouses.	
eshead.gov.uk sustrans.org.uk		nexus	org.uk			plusbus.info		
al Cycle Info	Nation	al Cycle Info	BusTi	mes	NextBuses	mobi	PlusBus	Plus
ther information a	oout all onwa	rd travel						
Heworth station is served by a taxi rank or a cab office. C before travelling, and pre-book if necessary. Please cons following local operators: (Inclusion of this number does endorsement of the taxi firm)		sider using the	Dean Taxis Lto 0191 444 4444		0		ateshead Central 191 469 9999	
Glebe	4	E	South Shields METRO	Metro Train (Yellow) 27	Platform 1 C			
Gateshead Stadium METRO	Yellow) 94	Platform 2 B	South Gosforth METRO South Hylton METRO	Yellow) Metro Train (Green)	Platform 2 Platform 1	METRO Direct Tyne & Wear Metro station.		on from this
Gateshead College (Team Valley Campus)	93 Metro Train (Green &	B	Simonside METRO	Metro Train (Yellow)	Platform 1	For bus times please see bus stop Direct trains operate to this des		i fraveline.
Gateshead College (Baltic Campus)	94	B	Shiney Row Shiremoor METRO	4 Metro Train (Yellow)	E Platform 2	services.	timotoblog or contact N	r Trovolina
	52, 94 51, 57, 58	B	Seaburn METRO	558		Bus routes 515, 558, and 568 oper		y. No Sunday
Gateshead (Interchange) METRO	Yellow) 27, X10	Platform 2	Regent Centre METRO	Metro Train (Green) Metro Train (Green)	Platform 2 Platform 1	Bus routes 4, 27, 51, 52, 57, 58, 93, operate daily, Mondays to Sunda	•	tro Trains
Four Lane Ends METRO	Metro Train (Yellow) Metro Train (Green &	Platform 2	Queen Elizabeth Hospit	tal 57 93, 515	A	Notes		
Follingsby Park	4, 58	3	Peterlee (Town Centre, Station)	X 10	D	Notes		
Fence Houses	52, 93, 94, 515 4	B		515, 568	C			
Felling METRO	27 58	A	Pelaw METRO	Metro Train (Green & Yellow)	Platform 1			
	Metro Irain (Green & Yellow)	Platform 2	Palmersville METRO Park Lane METRO	Metro Train (Yellow) Metro Train (Green)	Platform 2 Platform 1			
Fellgate METRO	558 Metro Train (Green &	D	Pallion METRO	Metro Train (Green)	Platform 1			
Fawdon METRO	Metro Train (Green) Metro Train (Green)	Platform 2 Platform 1	Northumberland Park N Norton		Platform 2			
Fatfield (Washington)	4		North Shields METRO	57, 58 Metro Train (Yellow)	A Platform 2			
East Boldon METRO	Metro Train (Green) 558	Platform 1	Newcastle upon Tyne (C 😂 METRO	27, X10	6	Wrekenton	51	A
Dene Estate	52 558	B		Metro Train (Green &	Platform 2	Windy Nook	58 93, 515	A
Deckham	58	A	Nonument METRO Newcastle Airport MET	Yellow) RO Metro Train (Green)	Platform 2	Whitehills Whitley Bay METRO	57, 58 Metro Train (Yellow)	A Platform 2
Cullercoats METRO Dalton Park	Metro Train (Yellow) X10	Platform 2	Monkton Lane Estate Monument METRO	27 Metro Train (Green &	C Platform 2	Whitburn	558	D
Concord (Washington)	4		Monkseaton METRO	Metro Train (Yellow)	Platform 2	West Monkseaton METRO Westoe Village	Metro Train (Yellow) 27	Platform 2 C
Chichester METRO	Metro Train (Yellow) 27	Platform 1	Middlesbrough ᢒ Millfield METRO	X10 Metro Train (Green)	D Platform 1	West Jesmond METRO	Metro Train (Green & Yellow)	Platform 2
Callerton Parkway METRO	4 Metro Train (Green)	Platform 2	Longbenton METRO	93		Washington	4 Notre Trein (Orean D	6
Brockley Whins METRO Bournmoor Housing Estate	Metro Train (Green) 4	Platform 1	Leam Lane Longbenton METRO	51, 57, 58 Metro Train (Yellow)	A Platform 2	Wardley	57 558	D
Bill Quay Boldon	27, 515, 568 558		Kingston Park METRO	Yellow) Metro Train (Green)	Platform 2	Wansbeck Road METRO	Metro Train (Green)	Platform 2
Billingham (Town Centre)	X10	D	Jesmond METRO	27 Metro Train (Green &	Platform 2	Tynemouth METRO University of Sunderland METRO	Metro Train (Yellow) D Metro Train (Green)	Platform 2 Platform 1
Bensham Benton METRO	93 Metro Train (Yellow)	B Platform 2	Jarrow METRO	Metro Train (Yellow)	Platform 1	Tyne Dock METRO	Metro Train (Yellow) 27	Platform 1
Bede Burn METRO	27	C	Ilford Road METRO	Metro Train (Green & Yellow)	Platform 2	Team Valley	93 Metro Train (Vellow)	B Distforms 1
-	93 Metro Train (Yellow)	B Platform 1	Heaworth Houghton-le-Spring	4	8	Sunderland Stadium of Light METRO	Metro Train (Green)	Platform 1
Beacon Lough	51, 57	A	METRO Hedworth	27, 515, 568 558	C	Sunderland 😂 METRO	Metro Train (Green)	Platform 1
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Albany Way Bank Foot METRO	4 Metro Train (Green)	E Platform 2	Hebburn (For Hebburn (Yellow) College) Metro Train (Yellow)	Platform 1	Stockton St Peter's METRO	X 10 Metro Train (Green)	D Platform 1

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e information about cycle routes. Sustrans is the UK's leading sustainable tr		· · · · · · · · · · · · · · · · · · ·	sport charity. For all public tra	Insport information in Tyne and Wear.		by entering a postcode, street & town or a stop	A discount price 'bus pass' that you bu	nt price 'bus pass' that you buy with your train ticket. nited bus travel around your chosen town, on partici	
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ther information at	oout all onwa	d travel							
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Glebe	4	E	South Shields METRO	Metro Train (Yellow) 27	Platform 1				
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Campus)	93 Metro Train (Green &	B	Simonside METRO South Gosforth METRO	Metro Train (Yellow) Metro Train (Green &	Platform 1 Platform 2	 Direct trains operate to this de 			
Gateshead College (Baltic Campus) Gateshead College (Team Valley	94	B	Shiremoor METRO	Metro Train (Yellow)	Platform 2	services. For bus times please see bus sto	op timetables or contact Nexus o	or Traveline.	
	52, 94 51, 57, 58	B	Seaburn METRO Shiney Row	558 4	D	Bus routes 515, 558, and 568 ope		y. No Sunday	
Gateshead (Interchange) METRO	Yellow) 27, X10	E	Regent Centre METRO	Metro Train (Green) Metro Train (Green)	Platform 2 Platform 1	Bus routes 4, 27, 51, 52, 57, 58, 93 operate daily, Mondays to Sunda	-	etro Trains	
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Follingsby Park	4, 58	•	Station)	X10		Notes			
Fence Houses	52, 93, 94, 515 4	B	Peterlee (Town Centre, B	515, 568	C				
Felling METRO	58	A	Pelaw METRO	Metro Train (Green & Yellow)	Platform 1				
	Yellow) 27	Platform 2	Palmersville METRO Park Lane METRO	Metro Train (Yellow) Metro Train (Green)	Platform 2 Platform 1				
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Beacon Lough	51, 57	A	METRO Hedworth	27, 515, 568 558	C	Sunderland 💿 METRO	Metro Train (Green)	Platform 1	
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Whitley Bay METROMetro Train (Yellow)Platform	2
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