





## Main destinations by bus (Data correct at December 2024)

DESTINATION	<b>BUS ROUTES</b>	BUS STOP	DESTINATION	<b>BUS ROUTES</b>	BUS STOP	DESTINATION	<b>BUS ROUTES</b>	BUS STOP
Bigrigg	30	C	Keekle	30	C	West Cumberland Hospital	30	В
Cleator Moor	30	C	Lakes College, Lillyhall	30	B		30	B
Distington	30	B		3	A	Whitehaven 😂	3A	D
Egremont	30	B	Mirehouse	<b>3A</b>	D	Workington 😂	30	B
Frizington	30	C	Moss Bay	30	B			
Harrington 😂	30	B	Parton (On A595) 😂	30	B			
Hensingham	30	B	Thornhill	30	B	Notes		
High Harrington	30	B	Wath Brow	30	C	Bus routes 3 & 30 operate daily services. Bus route 3A operates a Mondays to Saturdays service. No Sunday service. Direct trains operate to this destination from this station		
essential,	station has no taxi rank of please consider using the per doesn't represent any bout all onwar	e following local ope endorsement of the	rators: (Inclusion of	hite Line Taxis 946 661 11			gdong's Tax 46 666 66	is
cal Cycle Info	Nationa	al Cycle Info	BusTimes		NextBuses	mobi <b>É App Store PlusB</b>	us	<b>E</b> Plu
strans.org.uk		<b>S.Org.uk</b> UK's leading sustainable trai	nsport charity. See timetable displays at bus stops. <b>trave</b> public tran	eline sport info www.traveline.info 0871 200 22 33 calls cost 12p per minute plus your phone company's access charg		by entering a postcode, street & town or a stop A discount p	<b>us.info</b> rice 'bus pass' that you buy w d bus travel around your chos	
ational Rail Enquirie	es							
line	NRE App		Social Media	Alert Me		Contact Centre	PlusBike	
		<ul> <li>f facebook.com/nationalrailenq</li> <li>You can sign up to Alert Me mess Rail Enquiries website where you platform notifications directly to nationalrail.co.uk/ale</li> </ul>		o your smart phone. (01 or 02) and may be recorded.		<b>nationalrail.co.uk/plusbike</b> For more information.		

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Bigrigg	30	C	Keekle	30	C	West Cumberland Hospital	30	В
Cleator Moor	30	C	Lakes College, Lillyhall	30	B		30	B
Distington	30	B		3	A	Whitehaven 😂	3A	D
Egremont	30	B	Mirehouse	<b>3A</b>	D	Workington 😂	30	B
Frizington	30	C	Moss Bay	30	B			
Harrington 😂	30	B	Parton (On A595) ᢒ	30	B			
Hensingham	30	B	Thornhill	30	B	Notes		
High Harrington	30	B	Wath Brow	30	C	<ul> <li>Bus routes 3 &amp; 30 operate daily services.</li> <li>Bus route 3A operates a Mondays to Saturdays service. No Sunday service.</li> <li>Direct trains operate to this destination from this station</li> </ul>		
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Istrans.org.uk		<b>S.Org.uk</b> UK's leading sustainable tra	Asport charity. See timetable displays at bus stops. <b>tray</b> public tr	veline ansport info www.traveline.inf 0871 200 22 3 calls cost 12p per minute plus your phone company's access char	<u> </u>	<b>IS times for your stop.</b> by entering a postcode, street & town or a stop A discount pr	<b>us.info</b> rice 'bus pass' that you buy v d bus travel around your cho	
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tionalrail.co.uk	Free National Rail Enquiries app for iOS and AndroidIf facebook.com/nationalrailenq Image: Index of the state of th		you can receive train and to your smart phone.	can receive train and our smart phone. Calls cost no more than calls to geographic numbers (01 or 02) and may be recorded		<b>nationalrail.co.uk/plusbike</b> For more information.		

DESTINATION	<b>BUS ROUTES</b>	BUS STOP
West Cumberland Hospital	30	B
	30	B
Whitehaven 😂	3A	D
Workington 😂	30	В







This poster shows details of popular destinations and main, frequent bus routes. Additional services may run, so please check with Traveline or see posters at local bus stops. Whilst considerable care has been taken to ensure the information contained on this poster is correct and accurate, National Rail cannot accept responsibility for any loss or inconvenience caused by any errors or omissions, or for loss, damage, injury or inconvenience relating to the cancellation, alteration, delay or diversion of a service. For any feedback, please e-mail comments@onwardtravelposters.com



