







Rail replacement buses will depart from the front of the station

Main destinations by bus (Data correct at November 2023)

DESTINATION	BUS ROUTES	BUS STOP	DESTINATION	BUS ROUTES	BUS STOP	DESTINATION	BUS ROUTES	BUS STOP
Bigrigg	30	C	Keekle	30	C	West Cumberland Hospital	30	В
Cleator Moor	30	C	Lakes College, Lillyhall	30	B		30	B
Distington	30	B		3	A	Whitehaven ᢒ	3A	D
Egremont	30	B	Mirehouse	3A	D	Workington 😂	30	B
Frizington	30	C	Moss Bay	30	B			
Harrington 😂	30	B	Parton (On A595)€∋	30	B			
Hensingham	30	B	Thornhill	30	B	Notes Bus route 30 operates a daily service.		
High Harrington	30	B	Wath Brow	30	30 C Bus routes 3 & 3A operate limited Mondays to No Sunday services.			
axis essential, p	tation has no taxi rank o please consider using the er doesn't represent any	e following local ope endorsement of the	erators: (Inclusion of	G Taxis 6 66 644			/nton Trave 6 691 511	
cal Cycle Info	Nation	al Cycle Info	BusTimes		NextBuses	mobi É App Store Plus Bu	IS	Plus
acy.cumberland.gov.uk/planning- rironment/cyclingandwalking/ more information about cycle routes.	sustran	S.Org.uk UK's leading sustainable tra	See timetable • • • • • • • • • • • • • • • • • • •	www.traveline.info 0871 200 22 33 calls cost 12p per minute plus your phone company's access charge	Find the bu	s times for your stop. y entering a postcode, street & town or a stop A discount pri		ith your train ticket
ational Rail Enquirie	S							
nline	NRE App		Social Media	Alert Me		Contact Centre P	lusBike	
tionalrail.co.uk	Free National Ra for iOS and And			ou can sign up to Alert Me messages on the National ail Enquiries website where you can receive train and			nationalrail.co.uk/plusbike For more information.	

DESTINATION	BUS ROUTES	BUS STOP	DESTINATION	BUS ROUTES	BUS STOP	DESTINATION	BUS ROUTES	BUS STOP
Bigrigg	30	C	Keekle	30	C	West Cumberland Hospital	30	B
Cleator Moor	30	C	Lakes College, Lillyhall	30	B		30	B
Distington	30	B		3	A	Whitehaven ᢒ	3 A	D
Egremont	30	B	Mirehouse	3A	D	Workington 😂	30	B
Frizington	30	C	Moss Bay	30	B			
Harrington 😂	30	B	Parton (On A595)ᢒ	30	B			
Hensingham	30	B	Thornhill	30	B	 Notes Bus route 30 operates a daily service. Bus routes 3 & 3A operate limited Mondays to Saturdays services. No Sunday services. Interformation from this station		
High Harrington	30	B	Wath Brow	30	C			
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ational Rail Enquiries	S							
nline	NRE App		Social Media	Alert Me		Contact Centre P	lusBike	
				You can sign up to Alert Me messages on the National Rail Enquiries website where you can receive train and platform notifications directly to your smart phone. nationalrail.co.uk/alertme				

DESTINATION	BUS ROUTES	BUS STOP
West Cumberland Hospital	30	B
Whitehavenᢒ	30	B
vvnitenaven	3A	D
Workington 😂	30	B







This poster shows details of popular destinations and main, frequent bus routes. Additional services may run, so please check with Traveline or see posters at local bus stops. Whilst considerable care has been taken to ensure the information contained on this poster is correct and accurate, National Rail cannot accept responsibility for any loss or inconvenience caused by any errors or omissions, or for loss, damage, injury or inconvenience relating to the cancellation, alteration, delay or diversion of a service. For any feedback, please e-mail comments@onwardtravelposters.com



